

Dhimas' Morning Routine

- Floss and brush my teeth
- Wash my face
- Get dressed to the shoes
- Eat breakfast and Juice Plus+
- Spray the plants
- {9:30 am} Table Time
- {10:30 am} Toss 20
- {11:00 am} Green Hour

Dhimas' Afternoon Routine

- Set out napkins
- {12:00 pm} Eat lunch and Juice Plus+
- Quiet Reading
- Structured Play
- {3:00 pm} Green Hour

Dhimas' Evening Routine

- Set out napkins
- {5:00 pm} Eat dinner and Juice Plus+
- Walk/Bike ride around lake
- Take a bath
- Put on my pajamas
- Floss and brush my teeth
- {8:30pm} Bedtime